

In Memory



Nottingham
Hospitals
Charity

At the heart of your care

ISSUE FIVE – SUMMER 2019

We are incredibly privileged to work with you – our brave fundraisers and donors – as you support Nottingham's hospitals in memory of loved ones. Thank you.

Our incredible supporters form a special community of friends, families and colleagues at the heart of Nottingham University Hospitals NHS Trust, who have paid tribute to the life of a loved one by supporting the care of patients old and young within Nottingham's hospitals. At Nottingham Hospitals Charity, we are here to support you with your tribute every step of the way.

As summer gets underway, our calendar of events is now in full swing and we are looking forward to supporting fundraisers who rise to the challenge to take part in various activities in memory of someone special. In June we welcomed almost 100 cyclists to Cycle Live, who embarked on scenic rides on two-wheels (or more!) across Nottinghamshire, each supporting their own meaningful area of Nottingham's Hospitals. A special mention goes to the numerous fundraisers who chose to ride in memory of their loved ones, including Jan and Ste, whose story features on page 3.

We are also reflecting on the year so far, including all that the Charity has been able to achieve with your support. In March we were thrilled to mark the official launch of the refurbished parent and family accommodation at Nottingham Children's Hospital, to finalise the first phase of our Big Appeal. Your donations have enabled us to provide much-needed enhancements to create a comfortable space for parents to stay close to their children, as they undergo treatment and longer stays in hospital. The target for our current iMRI Appeal – the latest phase in which we are funding a state-of-the-art intra-operative MRI scanner to be used during children's brain surgery, is also now in sight, thanks to our generous supporters. Without you, these amazing transformations would not be possible.



If you would like to find out more about the **Big Appeal**, its next stage and how you can support us, visit nottinghamhospitalscharity.org.uk/appeals/the-big-appeal/



Nottingham Hospitals Charity

Supporting Nottingham University Hospitals NHS Trust

Supporting Zephyr's in memory of Sebastian

Claire Timson sadly lost her baby boy, Sebastian, in 2018.

The Zephyr's Centre at Nottingham City Hospital, which offers gentle, compassionate support for bereaved parents and families, has since been a source of comfort for Claire and her family – and they have now been able to support the service themselves.

Claire's four year old daughter, Anya, made the selfless decision to donate her hair earlier this year, and in doing so incredibly raised over £2,400. Anya told us why she chose to support the Centre: "I wanted to do something kind and have my hair chopped off to donate it to the poorly children that don't have any. I also wanted to raise money for my baby brother in heaven."

Thanks to the brave support of fundraisers like Anya and her family, we are able to fund a full programme of support and services for bereaved families and parents, including professional bereavement counselling, therapeutic writing and craft workshops and informal drop-in sessions.



To find out more about Zephyr's and its important work supporting bereaved families, visit our website: nottinghamhospitalscharity.org.uk/appeals/zephyrs-nottingham-appeal

A Walk for Winifred 2

Ruth Spinks' husband Steve passed away at home in 2018. He had previously spent some time under the care of our hospitals, particularly the Winifred 2 ward at Nottingham City Hospital.

Ruth's colleagues in the Contract Management Team at Boots have since been a wonderful source of support for her, and organised a 10 mile sponsored walk in March, which was a touching way to honour Steve – all the more so because it fell 33 years to the day when Ruth and Steve met. Her colleagues have since

raised an amazing total of £2,980 for the Winifred 2 ward, where their generous donation will help make a difference to the care of patients and their families. We are always so touched to see friends and colleagues come together to support someone close to them, and we are grateful they have united to support Ruth

with their fundraising. Thank you so much.

If you have been inspired to involve your colleagues and would like to find out more about how you can support Nottingham's Hospitals, please get in touch by calling **0115 962 7905**, or emailing charity@nuh.nhs.uk.



'Thank you!'

It means so much to us to be able to say thank you to fundraisers who have generously supported Nottingham's hospitals in memory of their loved ones. Here are just a few of the wonderful people we have been lucky enough to have met or worked with over the past few months...

Thank you to **Sheena Khan**, who courageously took on the challenge of a lifetime when she completed a skydive from 10,000ft in April, raising **£421.62** for the Adult Intensive Care Unit in honour of the compassion shown to her family and her mum before she passed away.



In June, **Jan** and **Ste** took part in the 50 mile 'Friar Tuck' race at Cycle Live, raising over £600 for **Hayward House** in honour of their friend James who sadly passed away. They told us: "James spent his final days under the care of some wonderful staff at Hayward House and we wanted to raise money to help support the essential work that is done there." Thank you so much.

We welcomed the family of **James Richard Wright** to Southwell Ward at City Hospital in March 2019, who kindly gave gifts totalling **£413.89** to the Ward following their collection in his memory. Thank you so much for your support.



If you would like to arrange a visit to Nottingham University Hospitals NHS Trust to present a cheque in memory of your loved one, please call Sian Anderson on **0115 962 7905**.

Tina's Legacy

When Tina Wardle passed away on Fraser Ward following a battle with cancer, her friends, family and colleagues were inspired by her experience of being in hospital to support an enhancement that is providing relaxation, respite and escape for other patients and their families.

During Tina's stay in hospital, her colleagues and manager Darren at B&M Bargains Victoria Retail Park came together to support the Ward. Knowing that Tina – who was a lively, active person – would find being confined to a hospital bed very difficult, they funded the purchase of a television for Fraser Ward. Tina found that being able to watch television alleviated boredom and distracted her from her illness and treatment, which was really important for her wellbeing. Being able to watch television with her visitors and fellow patients also brought a sense of normality and routine at a very difficult time.

When Tina died, her husband Mick – along with her wonderful family, friends and colleagues, organised a collection at her funeral so that

Fraser Ward could benefit from additional televisions to serve the entire Ward, including in family areas and overnight rooms.

They were passionate about making sure that all patients are able to access televisions to keep them, engaged calm and rested, just as Tina was. Thanks to their kindness, a total of 4 televisions were purchased. It was an honour to invite Mick and Tina's sister back to the Ward, to view a plaque that is now permanently displayed there in tribute to her. The family are so grateful to all at Fraser Ward, especially Debbie, for their wonderful, compassionate care. We are also equally grateful to all those who contributed to the collection in Tina's memory – your support has created a lasting legacy for her.



If Tina's story has inspired you to support Fraser Ward, contact our fundraising team for more information on the many ways that you can get involved on **0115 962 7905**.



If you would like to find out more about how to honour the memory of your loved one – from organising a funeral collection to setting up a tribute page, please do contact Sian Anderson on **0115 962 7905** or email sian.anderson@nuh.nhs.uk. We will be honoured to support you.

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